

There's More Than One Way to Pluck a Chicken

Adapted from How Sweet It Is! Management of Diabetes: Injectable Medications

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When this glucose is out of range	Adjust this insulin
Fasting	Intermediate or long-acting administered with dinner or bedtime (e.g., glargine, detemir, degludec, or NPH)
Post-breakfast or pre-lunch	Breakfast bolus or rapid or short acting
Post-lunch or pre-dinner	Lunch bolus of rapid or short acting, OR NPH before breakfast
Post-dinner or bedtime	Dinner bolus of rapid or short acting