

Summary of Agents for Osteoporosis

Adapted from No Bones About it – Osteoporosis – The Pharmacist’s Role

By Brooke Fidler, PharmD

Ingredient	Brand Name	Form	Frequency
Alendronate	Fosamax®, Fosamax Plus D®	Oral tablet	Daily/Weekly
Alendronate	Binosto®	Effervescent tablet	Weekly
Ibandronate	Boniva®	Oral tablet	Monthly
Risedronate	Actonel®	Oral tablet	Daily/Weekly/Monthly
Risedronate	Atelvia™	Oral tablet	Weekly
Zoledronic Acid	Reclast®	IV	Once a year/Once every 2 years
Ibandronate	Boniva®	IV	Every 3 months

Ingredient	Brand Name	Prevention	Treatment	Women	Men	Steroid-Induced
Alendronate	Fosamax®, Fosamax Plus D®	✓	✓	✓	✓	✓
Alendronate	Binosto®		✓	✓	✓	
Ibandronate	Boniva®	✓	✓	✓		
Risedronate	Actonel®	✓	✓	✓	✓	✓
Risedronate	Atelvia™		✓	✓		
Zoledronic Acid	Reclast®	✓	✓	✓	✓	✓
Ibandronate	Boniva®		✓	✓		