

## Differentiating Cough Types

Adapted from A Pharmacist's Guide to Differentiating Cough

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| Wet  | Dry  | Paroxysmal  |
|--|--|---|
| <ul style="list-style-type: none"><li>• Also known as productive</li><li>• Produces phlegm or sputum</li><li>• Typically accompanied by postnasal drip and runny nose</li><li>• Cold, flu, pneumonia, COPD, bronchitis</li></ul> | <ul style="list-style-type: none"><li>• Also known as nonproductive</li><li>• Does not produce phlegm or sputum</li><li>• Excess inflammation and throat irritation</li><li>• Can linger after a cold or flu</li><li>• Sinusitis, asthma, allergies, GERD, medications</li></ul> | <ul style="list-style-type: none"><li>• Intermittent attacks of violent coughing</li><li>• Can lead to abdominal pain and vomiting</li><li>• Pertussis, asthma, COPD, pneumonia, TB</li></ul> |