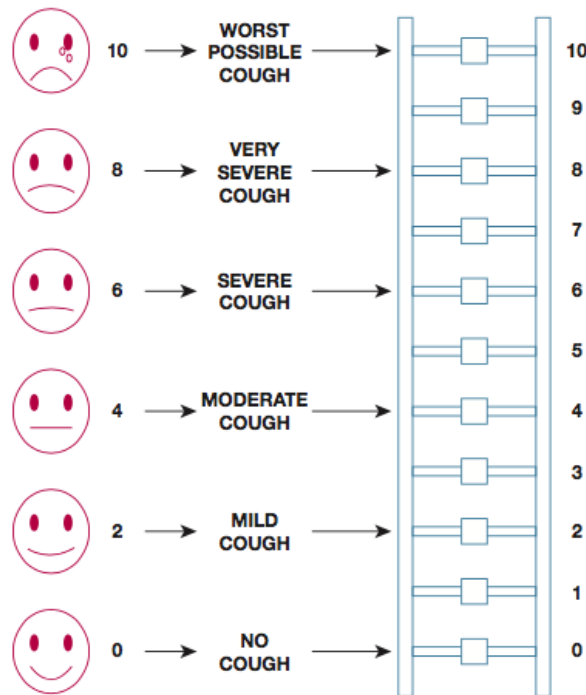


Cough Assessment Instruments

Adapted from A Pharmacist’s Guide to Differentiating Cough

By Brooke Fidler, PharmD

Please check the rung on the ladder that best describes the **severity of your cough taking timing, intensity, distress, and quality into account** over the past week.



Please check the box on the rung of the ladder that best describes your overall quality of life (satisfaction or happiness with life) related to your cough over the past week.

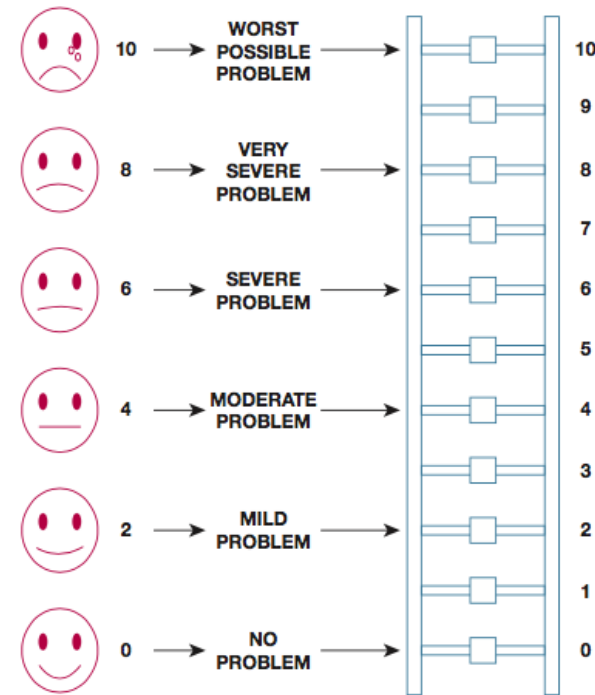


Figure 4 – Representative Punum ladders to assess (A) cough severity or (B) overall quality of life.

References:

- CHEST American College of Chest Physicians. Guidelines and Consensus Statements. Available at <https://www.chestnet.org/Publications/CHEST-Publications/Guidelines-Consensus-Statements> Accessed on September 2019.